



The One-on-One Kidney Transplant Education Program

In an effort to provide education about the treatment option of transplantation to dialysis patients, the Mendez National Institute of Transplantation Foundation (MNITF) developed a comprehensive education program for dialysis patients, which provides them with personalized one-on-one education and support from specially trained organ transplant recipients, known as Peer Educators.

Offered in both English and Spanish, the program takes place at dialysis centers and aims at helping patients to make informed decisions about pursuing transplantation. The program emphasizes the lifelong responsibility of caring for a transplanted kidney, the importance of being proactive in health care, the overall transplant process, and living donation.

The program's success can be attributed to the personalized communication between patients and Peer Educators. Dialysis patients value the educational information shared by the Peer Educators, who have experienced kidney failure and transplantation, and also the fact that Peer Educators can understand, listen, and support them in a unique way.

Peer Educators empower dialysis patients to be proactive about their health, and they provide these patients with extensive information regarding organ transplantation as an effective and long-term option that can greatly improve quality of life.